

Fresh Local Produce
Arriving Daily!

It's all about the food.™



Fresh Whole Chicken
Canada grade A,
product of Canada

SAVE
\$1.50

2.99
/lb
6.59/kg



Fresh Atlantic Salmon Fillets
product of Chile, available
at all stores except Blue Heron Mall

SAVE
\$5.00

10.99
/lb
24.23/kg



Black, Green, or Red Extra Large Seedless Grapes
no. 1 grade, product of USA

3.99
/lb
8.80/kg



Farm Boy™ Fresh Sausages
all varieties, product
of Canada, 500 g

SAVE
\$2.50

4.99
/pkg



Organic

Farm Boy™ Iced Black Tea or Lemonade
all varieties, 1.54 L

SAVE
\$1.05

4.44
ea



Crisp White Cauliflower
no. 1 grade,
product of USA

2.99
ea



From Our Bakery Artisan Potato Buns
burger or hot dog,
pkg of 6, 480-504 g

SAVE
\$1.00

3.99
/pkg



Hayter's Farm Montreal-Style or Oven Roasted Turkey Breast Roast
sliced fresh at our Deli Counter

SAVE
\$1.00

2.99
/100 g



Canadian Feta
cut fresh at our
Cheese Counter

SAVE
\$1.00

1.99
/100 g



Farm Boy™ Chickpea Chips
all varieties, 120 g

SAVE
\$0.61

2.88
ea



Farm Boy™ Ice Cream or Frozen Yogurt
all varieties, 1.5 L

SAVE
\$2.00

5.99
ea



Farm Boy™ Maple Creme Cookies
400 g

SAVE
\$1.55

4.44
ea



La Croix Flavoured Sparkling Water
all varieties, 8x355 ml

SAVE
\$1.61

4.88
/pkg



Farm Boy™ S'mores Kit
18-20 s'mores per pkg, 576 g

SAVE
\$2.00

7.99
/pkg



Farm Boy™ Brioche Hamburger Buns
Regular or Sesame, 4x57 g

SAVE
\$0.99 ea

2/6.00



Scan here
for our full
digital flyer

farmboy.ca
@officialfarmboy

FRESH SPECIALS IN EFFECT
Thursday, June 27 to Wednesday, July 3, 2024.

Prices valid at all Farm Boy stores. Specials subject to availability. Visit us in-store for many more great specials. Visit farmboy.ca for store addresses and holiday hours. Not all products available at all stores.

Meat & Seafood Market



Farm Boy™ Gourmet Burgers
made by us, all varieties, fresh, product of Canada, 170 g per burger

3.50 ea



Canadian Atlantic Snow Crab Clusters
previously frozen, product of Canada

SAVE \$1.00
8.99 /lb
19.82/kg



Hayter's Farm Extra Lean Ground Turkey
product of Ontario, 450 g

LOCAL
SAVE \$1.00
5.99 /pkg



Cut from Canada AAA Beef Flank Grilling Steak
aged a minimum of 21 days

CANADIAN BEEF
SAVE \$3.00
14.99 /lb
33.05/kg

Chef's Market

Homestyle Goodness

Enjoy a selection of potato salads, coleslaw, and macaroni salad made from scratch with high-quality ingredients and traditional family recipes.



Reser's Picnic Salads
all varieties, 454 g

SAVE \$0.50
3.99 ea



Farm Boy™ Non-Alcoholic Beers or Zero-Proof Cocktails
all varieties, 355 ml

SAVE \$0.49 ea
2/4.00



Farm Boy™ Salsa
all varieties, 473 ml

LOCAL
SAVE \$1.00
3.99 ea

Burnbrae Farms Prestige Large White Eggs
Canada grade A, pkg of 18

SAVE \$1.42
5.77 /pkg



Soft & Fluffy Cluster Buns
pkg of 12, 480 g

SAVE \$1.00
4.99 /pkg



Tropical Delight Coconut Water
1 L

SAVE \$2.00
2.99 ea



Dempster's 7" Tortillas
all varieties, 272-340 g

SAVE \$1.20
3.29 /pkg

Armstrong Melts Slices
pkg of 24, 450 g

SAVE \$1.30
4.99 /pkg



Angus Roast Beef
sliced fresh at our Deli Counter

SAVE \$0.50
3.49 /pkg

FRESH Canadian produce arriving daily!



Vine-Ripened Tomatoes
Canada no. 1 grade, product of Canada

LOCAL
1.38 /lb
3.04/kg



Mini Cucumbers
Canada no. 1 grade, product of Canada

LOCAL
1.99 /pkg



Suntech Sweetelle Grape Tomatoes
Canada no. 1 grade, product of Canada, 473 ml

SWEET & JUICY!
LOCAL
2.99 /pkg



Brown, Portabella, Organic Shiitake, or White Whole Mushrooms
Brown/White Mushrooms: 680 g, Portabella: 454 g, Shiitake: 340 g, product of Canada

LOCAL
5.99 /pkg



Romaine Lettuce
product of Canada

.96 ea



Large Nectarines or Peaches
no. 1 grade, product of USA

2.99 /lb
6.59/kg



Red Plums
no. 1 grade, product of USA

2.99 /lb
6.59/kg



Seedless Watermelon Quarters
product of USA

WATERMELON BOARD
.95 /lb
2.09/kg



Lemons or Limes
Lemons: \$4.99, Limes: \$3.99, product of Argentina/Mexico/South Africa

2 lb BAG
3 lb BAG
4.99 /bag
3.99 /bag

In case of discrepancy between the picture and the text, the text will always be deemed correct. We reserve the right to limit quantities, while supplies last. Product selection may vary by store.

PLEASE VISIT FARMBOY.CA FOR A FULL LIST OF STORE ADDRESSES TO FIND A LOCATION NEAR YOU!

See in store for more great savings!

Farm Boy™

Heat & Serve Hors d'Oeuvres

Hosting is a breeze with our savoury selection of finger foods. Enjoy crunchy favourites like Crispy Wontons, Potato Skins, Samosas, Sausage Rolls, and more in minutes—just pop them in the oven or air fryer!

\$6.99-\$11.99 ea, 225-575 g



"Bok" to Basics

Delivered fresh to our stores daily, enjoy a selection of long-lasting produce sourced locally from farmers with a passion for growing wholesome, high-quality crops that customers can enjoy!

Varieties include: Baby Bok Choy, Baby Bok Choy Jr, Baby Napa Cabbage, Gai Lan, Napa Cabbage, Shanghai Bok Choy, Shanghai Bok Choy Jr, and Yu Choy.



Sweet & Flaky
Baklava
all varieties,
320 g

SAVE
\$1.00
6.99
/pkg



Farm Boy™
Italian
Deli Meats
\$7.99/pkg, select
varieties, 100 g

GREAT DEAL!
BUY TWO,
GET ONE
FREE!



Farm Boy™
Halloumi
all varieties, 200 g

SAVE
\$1.00
6.49
ea



Farm Boy™
Waffle Cookie
Ice Cream
Sandwiches
all varieties, 4x140 ml

SAVE
\$1.00
5.99
/pkg



Farm Boy™
Coffee
Capsules
all varieties,
pkg of 10, 50 g

SAVE
\$2.99/pkg
2.18⁰⁰



Farm Boy™
Relish
all varieties,
250 ml

SAVE
\$1.55
4.44
ea



Jarritos
Mexican
Soda
10 varieties, 370 ml

SAVE
\$0.32 ea
3/5⁰⁰



Farm Boy™
Creamy
Dressings
select varieties, 350-430 ml

SAVE
\$1.00
4.99
ea



Gay Lea
Whipped
Cream
all varieties, 225 g

SAVE
\$1.00
3.99
ea



Rainbow
Long-Stem
Roses
12 stems

SAVE
\$5.00
19.99
ea

Patriotic
Kalanchoe
4" pot

SAVE
\$1.00
5.99
ea

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Long Weekend Favourites!

We're your one-stop shop for seasonal produce, tasty snacks, succulent proteins, frozen treats, and more. Visit your local Farm Boy for freshness, quality, value, and convenience!

Barbecue Favourites

Hit the grill with Artisan Sausages like The Great Canadian, made fresh by us, and loaded with cheese curds and maple syrup! Enjoy a high-quality selection of All Beef, Traditional, and Kosher Beef Franks. Pair them with our soft Potato Buns, Gourmet Mustards, and ready-to-cook Foil Potatoes!



Refreshing Delights

Sit back, relax, and savour summer with Farm Boy™ Charcuterie Trays, Garden Fresh Pickles, and Garden Fresh Gazpacho, loaded with fresh, flavourful ingredients and prepared by us with care. Sip on our authentically-crafted and preservative-free Sparkling Non-Alcoholic Wines, available in: Chardonnay, Rosé, and Sangria.



Fresh Snacking

Add convenient and tasty snack options to your spread with our creamy Buffalo or Sour Cream & Onion Dips, Kettle Cooked Potato Chips, pre-cut seasonal fruits, and Snacker Cups that pair sweet grapes with savoury cheese.



Cool Down Essentials

From gelatos and sorbets made locally with real fruits and dairy, to dairy-free alternatives like Farm Boy™ Oat-Rageous Frozen Desserts, we have something for everyone! Bite into handhelds like our Gluten-Free Chocolate Chip Ice Cream Sandwiches or our new chocolate-covered Ice Cream Bars.





Canada Day Holiday Hours

Monday, July 1

Visit farmboy.ca/stores for holiday schedules



Join us at Bronte!

Monday, July 1

12 pm to 4 pm

2441 Lakeshore Rd. W., Oakville

**TASTY samples and
FUN festivities!**

Store open 8 am to 8 pm



Go! Team Canada! Go!

Farm Boy is proud to be the
official grocer of Team Canada for
the Paris 2024 Olympic and
Paralympic Games.

[Tap here to learn more!](#)



OFFICIAL GROCER

Grilled Summer Zucchini Salad



[View Recipe Online](#)

Ingredients

4 medium green, yellow and/or white zucchini

4 Tbsp Farm Boy™ Lemon Garlic Dressing

1/2 tsp Farm Boy™ Organic Oregano

Farm Boy™ Fleur de Sel and cracked black pepper to taste

1/2 cup Farm Boy™ Sheep's Milk Feta Cheese, crumbled

Handful of mint leaves

Lemon Wedges

Directions

- 1 Trim ends of zucchini and slice lengthwise into 1/4" thick slices. Place on shallow tray and drizzle with 4 Tbsp lemon garlic dressing, dried oregano, fleur de sel and black pepper to taste, then toss to coat well. Let marinate for 30 minutes.
- 2 Heat grill over high heat until it reaches 450°F.
- 3 Place zucchini on grill and cook, covered, for 3-4 minutes, until they form grill marks. Flip zucchini and cook the second side for 3-4 minutes, or until tender.
- 4 Remove zucchini to the same tray and cool down for about 10 minutes, then arrange on a platter. Drizzle any remaining juices from the tray onto the zucchini.
- 5 Top with feta cheese. Garnish with mint leaves and lemon wedges.



Looking for more recipes and inspiration?
Check out our *inSeason* magazine!

NEW!



INDULGENCE DINNER FOR 2

Enjoy a four-course gourmet menu designed by our chefs and inspired by some of our favourite flavours! Simply pre-order online or in-store for pickup, follow the heating instructions, and enjoy!



Bistro Fare



Add a bit of extravagance to date night or level up an intimate meal with our French-inspired menu full of rustic bistro fare!

MENU



Sweet and Spicy Corn Soup
Chipotle Cream

Smoked Salmon Rilette
with In-House
Cheesy Popovers
Pickled Onions, Cucumbers

**Herb Roasted
Chicken Supreme**
Chimichurri Sauce, Eggplant
Ratatouille, Smoky Potatoes



Raspberry Clafoutis
Triple Berry Sorbet



25 MINUTES REHEATING

ORDERS CLOSE: **\$79⁹⁹** **PICK-UP DATE:**
Wednesday, July 17th Saturday, July 20th

ORDER IN-STORE OR ONLINE ~ WHILE QUANTITIES LAST! | FARMBOY.CA